

Appendix 2. YIDDD survey questions

Name

Age

Gender

School / Employment status: Indicate whether you are now a student, employed, or out-of-school

1. What is the most significant change you have experienced during your time in YIDDD? Describe this change using a story (a specific time or event that you think represents this change)

2. Define the word "citizenship". Use your own words.

3. What makes a citizen "effective" in a democracy?

4. Would you consider yourself as someone who has a strong sense of civic responsibility? Why or why not?

5. What are the ways in which young people can bring change?

6a. On a scale of 1-10 (1= poor, 10 = excellent), how would you rate your communication skills?

6b. Please explain why. Did you improve your communication skills during the YIDDD training, and if so, how?

7a. On a scale of 1-10 (1= poor, 10 = excellent), how would you rate your understanding of Bhutan's democratic system?

7b. What did you learn during the YIDDD training about Bhutan's democratic/political system?

8. Please indicate the degree to which you agree or disagree with the following statements. (1=strongly agree, 4=strongly disagree)

- I can work with someone who has different opinions than mine.
- I do not value other people's point of view.
- If the way I'm doing something isn't working, I try to think of different ways to do it.
- I look for evidence and compare sources when analyzing an issue.
- I do not believe I can make a difference in my community.
- By working with others, I can help make things better.
- Being concerned about national and local issues is an important responsibility for everybody.
- There are very few opportunities for young people to participate in Bhutan's development.
- I feel afraid to ask questions that are critical of older leaders.

9. How confident are you at dealing with the following activities?

Very confident / confident / not very confident / not confident at all

- Communicating your point of view in front of a group of people
- Working in a group to solve a problem
- Planning an advocacy campaign
- Leading a group
- Organizing and running a meeting
- Contacting media to express your opinion on an issue
- Contacting an authority to address an issue

10. What are the three main skills that you feel you've acquired while being in YIDDD? How have they been of value to you?

11a. On a scale of 1-10 (1= poor, 10 = excellent), rate your satisfaction with the progress of your advocacy campaigns.

11b. What do you support do you need (e.g. training, letters to authorities, etc.) to fully realize your vision of change in your advocacy campaigns?

12. How do you feel about the future of Bhutan's democracy?

Appendix 3. Comparison of YI representatives' answers to survey questions pre- and post-training

No	Citizenship before	Citizenship after	Effective citizen before	Effective citizen after
1, M22	Legitimate member of a country	any citizen concerned about the social, political and economic affiliation.	Knows rights Knows duties	Vote and raise your voice to address what you feel is ok.
2, M??	If you are a registered citizen of a	Citizenship means the legality of being a	Participating in the democratic	A citizen who participates in every aspect of the

	country	citizen of a country.	process	democracy and a government which is open to the views of the citizens.
3, M21	All the people registered in the country's census	Anyone whose name is registered / recorded in the census record of the country.	Active participation in parliament raising their voice through representatives	The power of the citizen to elect their choice of representatives and the right of freedom of speech.
4, M22	Good and responsible member in the nation	Citizenship is the term refer to the identification of that individual who belongs to particular nation, and who have individual right to excess to the resources.	Giving education	Role of media and media education makes a citizen effective in a democracy as they can take part in the journey of developments and planning.
5, F17	Person belonging to a state or a country	anyone whose names is registered in the census legal record of the country.	By actively participating in law making	Vote and active participation on the law making
6, M21	Position or the status of being a citizen of a particular country	the status of being as a people of one's nation associated with rights and obligations.	When citizen holds rights and their responsibilities together	Taking responsibilities and exercising their rights about the issues you have and raising the voice out of the best est.
7, M21	Sense of ownership towards the community, being a concerned and thoughtful citizen	It means not just being a citizen But being a responsible citizen in every aspect and that we have a moral obligation and right to contribute to our community development.	Making the interest in selecting the right representative	Well, the ability to listen to others and the courage to stand up for the right cause.
8,	Who belongs to	it is people of	Taking our own	Right to vote, giving

M21	a country, who has right, understand the responsibility and have a heartfelt dedication to us tsa-wa-sum	country, who has a right to vote, freedom of speech and having equal opportunity in different fields.	responsibility Giving right vote to right person Taking active part in democratic process	equal opportunity during the decision making. listening to voice of every individuals.
9, F21	Belonging to a community because we live in it. And duties and responsibilities it brings.	citizen means sense of belonging to a particular country	Having the right to vote and choose their choice of govt Having a say in decision making	Having the choice of government and the right to vote and also having a part in decision making.
10, M21	??, rights and duties of a citizen	Citizenship would mean person's ability to carry out his/her roles and responsibilities for the benefit of his/her nation.	Giving platform where citizens can raise issues for the welfare of the society	In a democracy, an effective citizen would mean actively engaging in social and political movement to bring about positive change in the country.
11, M20	People belong under particular country having power to vote and bring the change in the country	it is freedom and privilege of each citizen living in the country.	All the citizen will have proper right and responsibility and power of collective action toward the change in the country	freedom or power that are given or provided by the country to all the citizen to choose good and capable leader.
12, M24	Individual aware of one's rights and duties as well as identifying oneself as a part of the community	Citizenship is a criterion where a person's attributes, words, engagements are assessed in conjunction with larger and greater interest of the Nation.	Engaged individual conscious of happenings, questions and enquires while also being responsible	For a citizen to be regarded effective in a democracy, he or she should be in a position to understand him/herself, articulate thoughts and act for the betterment of the system and the community.

13, M18	The relation btw the state and the people that provides the citizens with inalienable rights in return for staying true to their responsibilities	The responsibilities and rights of being a citizen of a country or the documents showing so.	Participation	The citizens in 'Participation' in democracy makes them effective.
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No	Would you consider yourself as someone who has a strong sense of civic responsibility? Why or why not? (before)	Would you consider yourself as someone who has a strong sense of civic responsibility? Why or why not? (after)	What are the ways in which young people can bring change? (before)	What are the ways in which young people can bring change? (after)
1, M22	Yes	Yes, since I vote. But not until and unless I become a part of it to change it.	Empowering	Talk with logic and be patient.
2, M??	Yes, I am a person with a social mind and I am a vegetarian	It may not be strong but I have a sense of civic responsibility. God did not give me riches but I guess I have a wealthy heart. I did whatever I could for people who needed my help. I am friendly. I have never fought or quarreled with anyone. I guess I am good with my family too. I don't smoke. I don't	We have to be always cooperative	Young people can bring change by making the best of every opportunity they get. They need to get a good education. They need to be responsible.

		drink. I don't eat meat. I think this is also being responsible.		
3, M21	Yes, because I value peace, respect and cooperation in society and between people	Yes, because I conduct myself according to the norms in the society and take responsibilities.	By not just talking about problems but actually taking step toward change	Young people can bring change by involving in discussion such as YIDDD.
4, M22	Yes, because I know the role and responsibility as the member of nation	Yes, i do feel and consider myself who has a strong sense of civic responsibility as I could take part in educating people of effective democracy.	New initiative for community	-The youth should not hide their voices in the decision making. -Take part in planning and making decision for government.
5, F17	No	Yes because i can help myself become more active in my small little ways.	By voicing up	By voicing out and expressing how we feel about the law and bring change if we want to.
6, M21	Yes, because being the member of YIDDD there is lots to do	Yes, because as a citizen i have taken the part in YIDDD family to raise my voice about shaping the vibrant democracy.	When you change so if the young people's mind change, they'll bring changes	Joining YIDDD
7, M21	Yes, because I am concerned about my community and its issues	Yes, I do have a strong sense of civic responsibility as I believe in raising awareness for issues which needs be heard and most importantly the need to stand up and voice out to the Political Leaders.	Be responsible and concerned	Initiate or support and volunteer for a cause you believe in.
8,	Yes, I feel I	Yes, i can be	By giving them	Young people are often

M21	<p>have greatest responsibility to play as being a citizen of a country</p> <p>Having a sense of volunteerism</p>	<p>considered as person have a civic responsibility as i being a citizen of a country i have a responsibility to do right thing and to report right things. to work towards positive change and actions.</p>	<p>opportunity to speak for themselves</p>	<p>considered crucial in a democratic set up, but often lacks platform where they bring up issues concerning them. So joining and actively engaging in platform such as YIDDD is a way to bring change.</p>
9, F21	<p>No, because I hardly feel attached with strangers</p>	<p>Yes, i have strong sense of civic responsibilities</p>	<p>Talking to people, identifying problems and talking to concerned authorities through constitutional means</p>	<p>- Working groups and taking issues to discuss and come with solutions - Establish / build partnerships with stakeholders / government, legislators, media, CSO, individuals and all</p>
10, M21	<p>Yes, because I know roles and responsibilities at particular time and place that I live</p>	<p>I should say yes to extent that I know what is good and bad ?? someone by any ?? act</p>	<p>Giving a youth power to express and having an importance of this voice</p> <p>Loading our the responsibility and work</p>	<p>The ways which could bring change by young people is providing them an opportunity to do something new, giving important to voice of youth and providing them responsibility in different fields.</p>
11, M20	<p>Yes, I can bring change and I feel I have a strong courage to fight in the development of the country</p>	<p>Of course ,I consider myself as a strong civic responsibility because I really concern my country and even help and teach those who really need it.</p>	<p>Help in decision making process</p> <p>Not waiting for government or other officials to do something for the people rather doing ourself</p>	<p>They can participate in decision making and also raise the voice pertaining the youth addressing the youth issues.</p>

12, M24	Yes, conscious of my duties and rights, respect country's tradition with reason, abide by laws and aware of everyday happenings	Yes, I make an effort to keep myself abreast of the happenings in the country and outside, draw inspiration from the past and act with best of my abilities for better present and future.	Have right to actively participate in the development of the country	The young people really need to contribute and participate in activities like youth forums and form groups to help and stimulate themselves to bring the changes.
13, M18	Yes, I understand my civic responsibilities	Yes, because I participate in democracy.	By being the change	Young people can bring change by advocating and initiating change.

No	How would you rate your communication skills (1-10). Please explain why. (before)	How would you rate your communication skills (1-10). Please explain why. Did you improve your communication skills during the YIDDD training, and if so, how?(after)
1, M22	5 due to environmental (educational) encouragement	6 Of course, since I made observations and became more open.
2, M??	6 I am fine (average in Bhutan) while talking casually but when speaking in public I need practice	7 I lack content and so I miss the point when I talk. I don't have a good vocab as well so I stumble for words as I speak. My communication skills have improved after coming to YIDDD. I learned about active listening, keeping sentences short and motivated me to learn too. I can feel the difference when I speak.

3, M21	8 I love communicating both in English and Dzongkha but I feel more confident with English. I love reading and like doing presentations and welcome ...	8 I am clear and feel confident at what I say.
4, M22	5 Because we had constant practices in class as Pol. Science and Sociology module demands	6 I do accept that I do have problem with communication because sometimes I pause a lot while I am speaking as I have limited diction/ vocabulary. But I do speak a lot in my class as my course demands it.
5, F17	6.5 Because I do work for community	7 I am good and my speaking is clear.
6, M21	5 I am not that much good in speaking	7 Because sometimes when I keep on talking I run out of words (poor vocabulary)
7, M21	9 I like socializing	9 I would rate 9 as I have always felt the importance to be heard. Yes, YIDDD helped me enhance my skills through encouraging us to ask questions to our various guest speakers.
8, M21	5 or 6 I'm not that much confident in speaking I lose my confidence in middle of the way and cannot express fully but I give a try and best	9 Yes, I could improve my communication skills as I have learned how to speak, how to deal with different youths.
9, F21	5 I'm good with people I know but I can	8 I can express my opinion and ideas to

	hardly open up with new people/strangers	my friends and make them understand.
10, M21	6 Pol. Science module involved students more of debate and deliberation based on specific topic related to political affair	4 Because of the feel that I have the idea but cannot express it openly while in conversation.
11, M20	? I would simply give more attention and courage to speak to the one who need more knowledge on the matter of democracy and him to think to elect proper representative to the development of the country.	10 I can communicate with people.
12, M24	7 Stammer and stuck at times, at least can convey message	7 At times I stuck with some words and at times get nervous. However, I do manage to convey the message.
13, M18	1 The number speaks for itself. I don't prefer communication until it's very necessary.	9 i can communicate with my peers or even strangers for that matter on any topic.
TOT AL	5,75	6,66